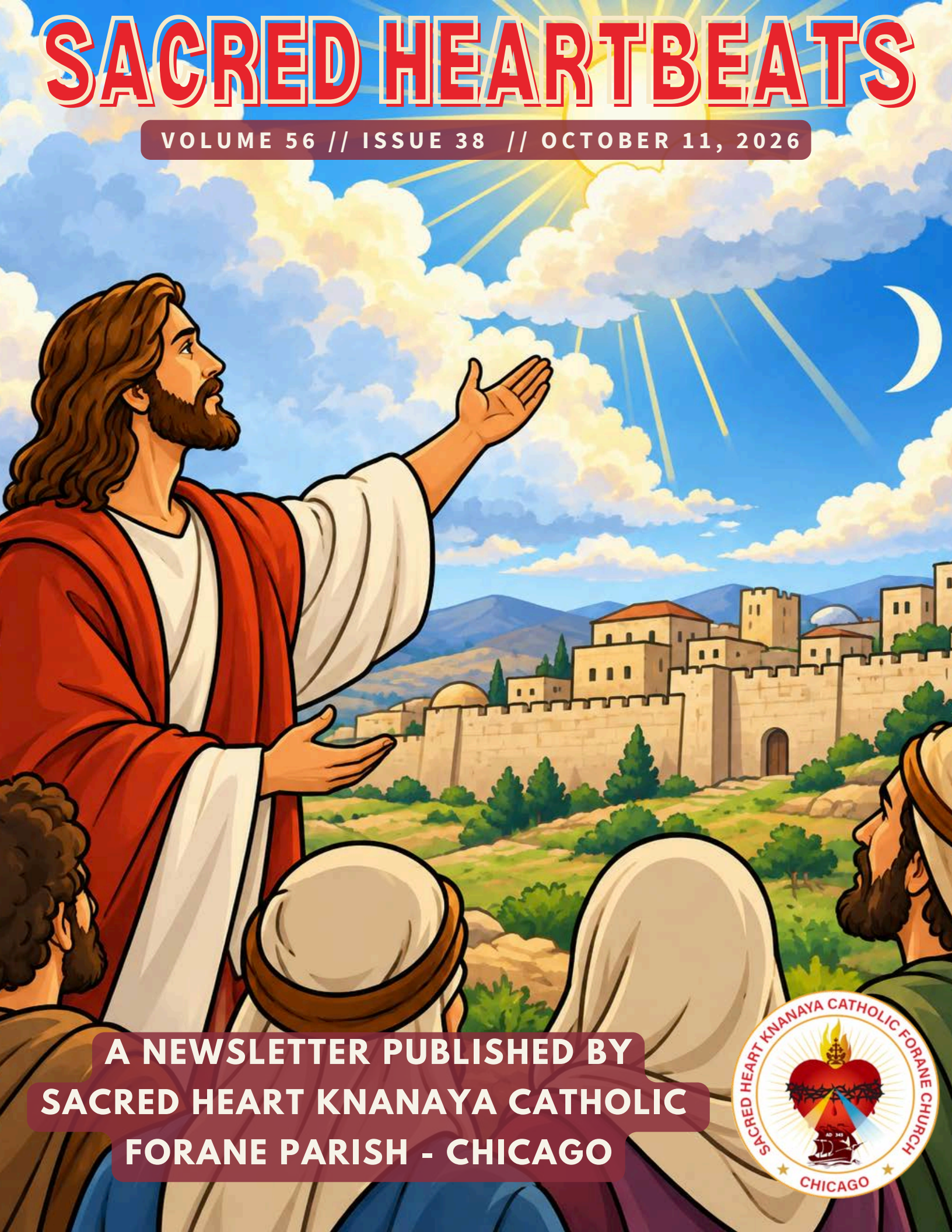
SACRED HEARTBEATS

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A NEWSLETTER PUBLISHED BY SACRED HEART KNANAYA CATHOLIC FORANE PARISH - CHICAGO

Message from our Vicar



TO WIN THE KINGDOM OF HEAVEN

Jesus gives us one of the most direct and sobering teachings in the Gospel: at the end of time, every person will be judged not by achievements, titles, or successes, but by love in action. The final judgment scene reminds us that faith is never just belief; it is lived through compassion.

In this passage, Jesus identifies Himself with the hungry, the thirsty, the stranger, the naked, the sick, and the imprisoned. The surprise in the story is striking; both the righteous and the unrighteous did not realize that their everyday choices toward others were, in fact, choices toward Christ Himself.

As we move through our week, this Gospel invites us to look around with new eyes. Christ stands before us in the people who need our time, our patience, our generosity, and our compassion. When we serve them, we serve Him. When we ignore them, we ignore Him.

Fr. Abraham Kalarickal

SACRED HEART KNANAYA CATHOLIC FORANE PARISH
145 E. GRAND AVE.
BENSENVILLE, IL 60106

PASTOR:
FR. ABRAHAM KALARICKAL
630-828-4513
KALARI26@GMAIL.COM

****

TRUSTEES:

A.C. THOMAS KUNNUMURATH
630-687-4789

ABRAHAM AREECHIRAYIL
773-655-0540

ABIN KULATHILKAROTTU
630-656-2929

JAIMON PADINJAREL
708-439-3646

MATHIAS PULLAPALLY
847-644-6305

****

ACCOUNTANT: SUNNY MUTHOLAM
708-307-1794

SECRETARY: SHEEBA MUTHOLAM
708-307-1793

DRE: COLEEN KEEZHANGATTU
630-207-5779

****

MEDIA & PR TEAM:

LINCE THANNICHUVATTIL (PRO)
630-540-6758

SANJU THEKKANATT
630-853-7666

MILAN PUTHENPURAYIL
708-871-2445

CLAMENT NARAMANGALATHU
630-327-9684

****

SAFE ENVIRONMENT COORDINATOR:

SABU MUTHOLAM
708-307-1795

GOSPEL REFLECTION ~ LUKE 21: 20- 28

Source: Daily Scripture Readings and Meditations

DO YOU BELIEVE THAT THE WORLD AS WE KNOW IT IS GOING TO END JUST AS JESUS FORETOLD? JESUS' PROPHETIC DESCRIPTION OF THE END OF TIME, THE DAY OF JUDGMENT, AND THE DESTRUCTION OF JERUSALEM WAS NOT NEW TO THE PEOPLE OF ISRAEL. THE PROPHETS HAD FORETOLD THESE EVENTS MANY CENTURIES BEFORE. BEHOLD THE DAY OF THE LORD COMES, CRUEL, WITH WRATH AND FIERCE ANGER TO MAKE THE EARTH A DESOLATION AND TO DESTROY ITS SINNERS FROM IT (ISAIAH 13:9-13; SEE ALSO JOEL 2:1-2; AMOS 5:18-20; ZEPHANIAH 1:14-18). JESUS WARNS OF THE IMMINENT DESTRUCTION OF JERUSALEM FOR THE REJECTION OF THE GOSPEL. ACCORDING THE HISTORIAN JOSEPHUS, OVER A MILLION INHABITANTS DIED WHEN THE ROMANS DESTROYED JERUSALEM WITH ITS TEMPLE IN 70 A.D. JERUSALEM'S VENGEANCE RESULTED FROM HER INDIFFERENCE TO THE VISITATION OF GOD, IN THE PERSON OF THE LORD JESUS CHRIST (LUKE 19:44).

JESUS ALSO SPEAKS ABOUT THE JUDGMENT AT THE END OF THE WORLD. ONLY SPIRITUAL BLINDNESS CAN KEEP US FROM RECOGNIZING THE OBVIOUS SIGNS OF APPROACHING DISASTER WHICH AWAITS THE DAY OF JUDGMENT FOR THOSE WHO REFUSE TO HEED GOD'S WORD OF GRACE AND SALVATION. JESUS WAS COMPLETELY HONEST. HE TOLD HIS DISCIPLES WHAT IT WOULD COST TO FOLLOW HIM. AND HE PROMISED THAT HE WOULD NEVER LEAVE THEM ALONE, EVEN IN THEIR TIME OF TRIBULATION. THE SAINTS AND MARTYRS WHO UNDERWENT TORMENT AND DEATH MADE THEIR PRISONS A TEMPLE OF PRAISE AND THEIR SCAFFOLDS A THRONE TO THE GLORY OF GOD. THEY KNEW THE SAVING PRESENCE OF CHRIST WITH THEM IN ALL CIRCUMSTANCES. JESUS OFFERS US SAFETY IN THE FACE OF EARTH'S THREATS. NOT A HAIR OF YOUR HEAD WILL PERISH (LUKE 21:18). THE DISCIPLE WHO WALKS WITH CHRIST MAY LOSE HIS BODY BUT NOT HIS SOUL.

THE GREATEST GIFT WE HAVE TO BE THANKFUL FOR IS OUR REDEMPTION AND ADOPTION AS CHILDREN OF GOD. JESUS CHRIST HAS REDEEMED US FROM SLAVERY TO SIN, FROM FEAR OF DEATH, AND FROM FINAL DESTRUCTION. WE CAN BE THANKFUL BECAUSE OUR HOPE IS IN HEAVEN AND IN THE PROMISE THAT JESUS WILL RETURN TO FULLY ESTABLISH HIS REIGN OF PEACE AND RIGHTEOUSNESS. JESUS SPEAKS OF THE SECOND COMING AS A KNOWN FACT, A FOR CERTAIN EVENT WE CAN EXPECT TO TAKE PLACE. THIS COMING WILL BE MARKED BY SIGNS THAT ALL WILL RECOGNIZE; SIGNS WHICH WILL STRIKE TERROR IN THOSE UNPREPARED AND WONDER IN THOSE WHO ARE READY TO MEET THE LORD. WHEN THE LORD RETURNS HE WILL ESTABLISH JUSTICE AND RIGHTEOUSNESS AND HE WILL VINDICATE ALL WHO HAVE BEEN FAITHFUL TO HIM. HIS JUDGMENT IS A SIGN OF HOPE FOR THOSE WHO TRUST IN HIM. DO YOU HOPE IN GOD AND IN HIS PROMISE TO RETURN AGAIN TO ESTABLISH HIS REIGN OVER ALL THE EARTH?

"LORD, FILL ME WITH GRATITUDE FOR THE GIFT OF REDEMPTION AND INCREASE MY HOPE AND LONGING FOR YOUR RETURN AGAIN IN GLORY. MAY THAT DAY BRING JOY TO MY HEART RATHER THAN SORROW. HELP ME TO SERVE YOU FAITHFULLY AND TO MAKE THE BEST USE OF MY TIME NOW IN THE LIGHT OF YOUR COMING AGAIN."



THIS WEEK AT SHKC:

SUNDAY, OCTOBER 11, 2026
8:00 AM MALAYALAM QURBANA
10:00 AM MALAYALAM QURBANA & CCD
11:30 ENGLISH QURBANA

MONDAY, OCTOBER 12, 2026
8.30 AM MALAYALAM QURBANA
7:00 PM MALAYALAM QURBANA

TUESDAY, OCTOBER 13, 2026
8.30 AM MALAYALAM QURBANA
7:00 PM MALAYALAM QURBANA
& ST ANTHONY NOVENA

WEDNESDAY, OCTOBER 14, 2026
8.30 AM MALAYALAM QURBANA
7:00 PM MALAYALAM QURBANA

THURSDAY, OCTOBER 15, 2026
8.30 AM MALAYALAM QURBANA
7:00 PM MALAYALAM QURBANA
& ST JUDE NOVENA

FRIDAY, OCTOBER 16, 2026
8.30 AM MALAYALAM QURBANA
7:00 PM MALAYALAM QURBANA
& SACRED HEART NOVENA

SATURDAY, OCTOBER 17, 2026
10:00 AM MALAYALAM QURBANA
& OL PERPETUAL HELP NOVENA

SUNDAY, OCTOBER 18, 2026
8:00 AM MALAYALAM QURBANA
10:00 AM MALAYALAM QURBANA
11:30 ENGLISH QURBANA

Bible Readers



OCTOBER 11

1ST READING:
EXODUS 20:18-21
8:00 -VOLUNTEER
10:00 -SUSMITHA MULYANIKUNNEL
11:30 - AMELIA KOTTAMKOMBIL

2ND READING:
HEBREW 10:19-25
8:00 - VOLUNTEER
10:00 -ZACHARIAH CHELACKAL
11:30 - STEVE KANNARATHIL

OCTOBER 18

1ST READING:
MALACHI 4:1-6
8:00 -VOLUNTEER
10:00 -LINCY KANIYALY
11:30 - ANNE NEDUMTHURUTHIL

2ND READING:
1 THESSALONIANS 4:13-18
8:00 - VOLUNTEER
10:00 -SUNNY MUTHOLAM
11:30 - REUBAN KANNALA

OFFERINGS

October 4th:
Qurbana's: $4744
Novena/Shrine: $962
Facility Usage Donation:$1250
Annual Contribution:$500
TOTAL - $7456



"Fear not, for I am with you"

~ Isaiah 41:10



SACRED HEART
ANNOUNCEMENTS

- OCT. 11 – CML LEADERS INSTALLATION
- OCT. 11 – ST. STEPHEN'S KODARAYOGAM AT CHURCH.
- OCT. 18 – CML ACTIVITY INAUGURATION
- OCT. 19–21 – CML ROSARY CHALLENGE (VIA ZOOM)

  10 DAY ROSARY; OCT. 21 – 31
- YOUTH AND YOUNG ADULT PILGRIMAGE TO HOLY HILL ON SATURDAY, OCTOBER 24.
- ROOTED 2026 – REGISTRATION BEGINS
- HELP TO TORONTO CHURCH; GIVE TO TRUSTEES
- NOV. 8 SUNDAY! ECUMENICAL SUNDAY SCHOOL FEAST – HERE – PLEASE REGISTER.

CHILD PROTECTION NOTICE

Sacred Heart Knanaya Catholic Forane Parish in alignment with the St. Thomas Syro-Malabar Diocese and USCCB are fully committed to protecting our children and youth from abuse and misconduct. We maintain a zero-tolerance policy and strictly follow all child protection guidelines.

If you suspect or have a complaint regarding child abuse, please report it immediately using the contact information below. If you believe a child is in immediate danger or harm, call 911 first. It's all our responsibility to protect God's children.

📞 DIRECT REPORTING CONTACTS

DCFS 24-Hour Hotline (Civil Authorities)
Phone: 800-252-2873

Diocese Safe Environment Hotline
Phone: 224-225-9121

Regional Safe Environment Coordinator
Name: Sabu Mutholam
Phone: 708-307-1795


Sacred Heart Knanaya
Catholic Church
Youth/Young Adults
Holy Hill Basilica, WI
Saturday, October 24th
Kate Voorhof
#reconnect
#fellowship
#knachristians

FEAST OF FR ABRAHAM KALARICKAL



Class on digital world by Dr. lizy fernandez









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- FREE COCKTAIL PARTY – 1 HOUR

Knanaya Catholic Region &
Bonding Families Presents

7-NIGHT ALASKA CRUISE

Adventure, Faith & Fellowship

June 13, 2027 – June 20, 2027

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STAR PRINCESS®


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- INCLUDES ALL PORT FEES AND TAXES
- GRATUITY (16% PER PERSON) NOT INCLUDED
- FLIGHT TICKETS NOT INCLUDED



For More Information & Bookings:

- Fr. Thomas Mulavanal: 310 709 5111
- Fr Bins Chethalil: 281 818 6518
- Your Parish Priest
- Fr. Mutholath: +1 773 412 6254
- Michael (main contact): +1 540 609 8810
- mmenezes@dreamvacations.com
- www.menezesvacations.com

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THE ARCHEPARCHY
OF KOTTAYAM



മാർ തോമസ് ആനിമൂട്ടിൽ

കോട്ടയം അതിരൂപതയുടെ നിയുക്ത സഹായമെത്രാനായി തിരഞ്ഞെടുക്കപ്പെട്ട അഭിവന്ദ്യ മാർ തോമസ് ആനിമൂട്ടിൽ പിതാവിന് കോട്ടയം അതിരൂപതയിലെ ക്നാനായ മക്കളുടെ

ഒരായിരം അഭിനന്ദനങ്ങൾ

Chicago Knanaya Catholic Teen Ministry Presents

ROOTED '26

Save the date!

FAITH • LEADERSHIP • PURPOSE • COMMUNITY



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LEADING WITH PURPOSE.

Join Knanaya Catholic teens for an unforgettable experience of faith, leadership and friendship.

DECEMBER 27-30

DARIEN, IL

For high school students

- DEEPEN YOUR FAITH
- DEVELOP LEADERSHIP
- DISCOVER YOUR PURPOSE
- BUILD A STRONG COMMUNITY

LET'S Celebrate YOU!

LET'S CELEBRATE YOU IN THE CHURCH BULLETIN! **SCAN THE CODE AND SHARE YOUR BIRTHDAY** SO WE CAN CHEER YOU ON, **PRAY FOR YOU** BY NAME, AND **MAKE YOUR SPECIAL DAY FEEL EXTRA LOVED.**

share your Birthday!

SCAN ME!